Social Intelligence in the workplace

Why do we need social intelligence in the workplace?

8 out of 10

Eight out of ten employees believe their **relationship** with their supervisor impacts their happiness at work. Also, the number one reason employees leave their job is because of their manager (Randstad)

Social **>** Technical

Employees at Google ranked **affable accessibility** as more important than technical expertise in managers (Google Project Oxygen)

R–E–S–P–E–C–T

Respect is one of the top five factors that employees look for when looking for a job. This was the first time respect made the top five (CEB 2013 global study)

Learning social intelligence

Neuroplasticity is the brain's ability to change, grow and learn new behaviors and habits that can impact our social relations. Research has shown that learning about the brain and the psychology of how we interact with others can improve our interactions with other people. The Social Intelligence Institute's course uses various learning activities to help participants improve their social intelligence skills:
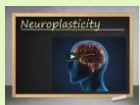
Educational and engaging **videos**

???? Reflection questions for increased **self-awareness**

Hands-on **activities** to try out concepts

Actions to practice and **build new habits**

How do course participants benefit?

Individuals who completed the SI course through the Social Intelligence Institute improved on a number of key indicators of social and emotional intelligence:

- **Improved social skills** and social information processing
- **Increased sensitivity to others' emotion** and perspective-taking
- **Improved empathy**, self-monitoring and psychological well-being

How we're different

The Social Intelligence Institute develops and implements science-based training programs for specific populations across all levels and sectors of society. We measure and evaluate processes and outcomes to continuously improve mission-centered program effectiveness. Results and outcomes aid in scientific research conducted by others who are studying the value and role of human relationships.